



**Del Valle High School
Track & Field Invitational 2016**

CONQUISTADORES

Hello Coaches:

Welcome to the Del Valle Track and Field Invitational. We are excited to be kicking off the 2016 track and field season. Please use runnercard.com to submit your entries.

Entries will close on Thursday, February 11th at 12:00 noon.

Please do not put times or distances as this is the first meet of season.

All 9th open sprint events will be Timed Finals on Friday. Random Seeding

All JV open sprint events will be Timed Finals on Saturday. Random Seeding

Varsity will run prelims on Friday and finals on Saturday.

FRIDAY

4 attempts for Varsity

3 attempts for 9th & JV

3:30 PM FIELD EVENTS:

Triple Jump Girls V, JV, 9TH

Long Jump Boys V, JV, 9TH

High Jump Boys JV, 9th, V

Due to limited lighting on Friday, shot and disc will begin as soon as all throwers are checked in and warmed up. Please ask your throwers to report to the throwing rings as soon as they arrive at the meet. Throwers will throw the first round in the order they appear on the sheet, second and third throws will be thrown consecutively.

Shot Put Boys V, JV, 9TH

Discus Girls V, JV, 9TH

If numbers permit, 9th and JV will be combined in ALL events.

3:30 PM RUNNING EVENTS:

9th (G/B) TIMED FINALS

Varsity (G/B) PRELIMS

3200m Run (Unlimited Entries) 9TH & JV will be combined if number permit

100H If Varsity rolls over, 9th will roll over as well to a Timed Final Saturday

110H If Varsity rolls over, 9th will roll over as well to a Timed Final Saturday

100M

400M

300H If Varsity rolls over, 9th will also

200M

SATURDAY

4 attempts for Varsity

3 attempts for 9th & JV

8:30 AM FIELD EVENTS

Pole Vault will be at Del Valle HS – Girls followed by Boys

Triple Jump Boys	V, JV, 9 th
Long Jump Girls	V, JV, 9 th
High Jump Girls	JV, 9 th , V
Shot Put Girls	V, JV, 9 th
Discus Boys	V, JV, 9 th

8:30 AM RUNNING EVENTS

JV (G/B) TIMED FINALS

Varsity (G/B) FINALS

1600M 9TH and JV only

400M Relay

800M

100M Wheelchair Division Included

100H/110H

800M Relay

400M Wheelchair Division Included

300H

200M

1600M Varsity Only

1600M Relay

GOOD LUCK!

Worker Assignments

Please bring your own tape measure!

Long Jump – Coronado

Triple Jump - Socorro

High Jump - Hanks

Pole Vault - Eastlake

Shot Put B – Franklin B

Shot Put G – Americas

Discus – Bel Air

Relay – Ysleta/ Horizon/ Pebble Hills

Timing – Eastwood

GOOD  LUCK!