

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 1 Girls 100 Meter Dash**

Name	Year	School	Prelims	H#
Preliminaries				
1 Stott, Arisna		Cedar Valley HS	13.84q	4
1 Muhlestein, Taylor		Cedar Valley HS	13.84q	3
3 Johnson, Saidey		Cedar Valley HS	14.06q	3
4 Reyes, Isabella		Cedar Valley HS	14.28q	4
5 Paluso, Emily		Cedar Valley HS	14.29q	4
6 Passey, Cerenna		Cedar Valley HS	14.43q	4
7 Smith, Rowan		Cedar Valley HS	14.65q	5
8 Helmandoollar, Alissa		Cedar Valley HS	14.70q	4
9 Valentine, London		Cedar Valley HS	14.73	1
10 Panton, Alexandra		Cedar Valley HS	14.77	3
10 Holyoak, Taylee		Cedar Valley HS	14.77	5
12 Scattolon, Aurora		Cedar Valley HS	15.28	2
13 Schmolke, Stephanie		Cedar Valley HS	15.74	1
14 Sellick, Tess		Cedar Valley HS	15.75	1
15 Straw, Maleah		Cedar Valley HS	15.94	4
16 Burbank, Emiko		Cedar Valley HS	16.15	3
17 King, Aubrey		Cedar Valley HS	16.39	5
18 Porter, Makenzie		Cedar Valley HS	16.45	1
19 Emfield, Elise		Cedar Valley HS	16.48	2
20 Clements, Esther		Cedar Valley HS	16.62	5
21 Elmer, Annie		Cedar Valley HS	16.89	4
22 Jones, Suzanne		Cedar Valley HS	17.33	2
23 Estes, Jadyn		Cedar Valley HS	17.51	5
24 Blair, Lindy		Cedar Valley HS	17.68	2
25 Muhlestein, Catie		Cedar Valley HS	18.84	1
26 Blackham, Abigail		Cedar Valley HS	19.56	5

**2023 Crimson & White Intrasquad Meet - 3/15/2023**  
**Cedar Valley High School**  
**Results**

**Event 1 Girls 100 Meter Dash**

Name	Year School	Finals
Finals		
1 Stott, Arisna	Cedar Valley HS	13.99
2 Reyes, Isabella	Cedar Valley HS	14.35
3 Passey, Cerenna	Cedar Valley HS	14.46
4 Johnson, Saidey	Cedar Valley HS	14.57
5 Muhlestein, Taylor	Cedar Valley HS	14.63
6 Paluso, Emily	Cedar Valley HS	14.68
7 Helmandoollar, Alissa	Cedar Valley HS	14.69
8 Smith, Rowan	Cedar Valley HS	14.78

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 2 Boys 100 Meter Dash**

Name	Year	School	Prelims	H#
Preliminaries				
1 Gregory, Chevas		Cedar Valley HS	11.35q	1
2 Jordan, Jayden		Cedar Valley HS	11.46q	2
3 Norton, Gavin		Cedar Valley HS	11.52q	4
4 Killian, Gavin		Cedar Valley HS	11.87q	3
5 Escalante, Diego		Cedar Valley HS	11.99q	10
6 Jakins, Brayden		Cedar Valley HS	12.01q	6
7 Baker, Kekai		Cedar Valley HS	12.10q	5
8 Christensen, Cole		Cedar Valley HS	12.15q	9
9 Paluso, Tony		Cedar Valley HS	12.21	7
10 Cram, Treyson		Cedar Valley HS	12.24	8
10 Bybee, Landon		Cedar Valley HS	12.24	1
12 Christensen, Ove		Cedar Valley HS	12.31	10
13 Ballard, Luke		Cedar Valley HS	12.38	4
14 Sorenson, Scott		Cedar Valley HS	12.41	7
15 Seely, Bucky		Cedar Valley HS	12.54	10
16 Alabi-Isama, Amari		Cedar Valley HS	12.55	1
17 Sellick, Nate		Cedar Valley HS	12.57	6
18 Krinke, Ty		Cedar Valley HS	12.71	7
19 Marshall, Treyveon		Cedar Valley HS	12.73	7
20 Brady, Felipe		Cedar Valley HS	12.82	2
21 Evans, Mitchell		Cedar Valley HS	12.92	3
22 Cline, Jarom		Cedar Valley HS	12.99	10
22 Glad, Gavin		Cedar Valley HS	12.99	9
24 McClellan, Jace		Cedar Valley HS	13.17	5
25 Johnson, Paxon		Cedar Valley HS	13.24	5
26 Warnick, Easton		Cedar Valley HS	13.33	9
27 Davis, Briggs		Cedar Valley HS	13.34	8
28 Thorup, Sam		Cedar Valley HS	13.38	9
29 Williams, James		Cedar Valley HS	13.66	8
30 Pierson, Brecken		Cedar Valley HS	13.68	2
31 Hamner, Luke		Cedar Valley HS	14.00	6
32 Maio, Max		Cedar Valley HS	14.01	10
33 Kendall, Foster		Cedar Valley HS	14.03	3
34 Clarke, Aidan		Cedar Valley HS	14.11	5
35 Ahotaeiloa, Jonah		Cedar Valley HS	14.30	6
36 Johnson, Tryston		Cedar Valley HS	14.49	8
37 Hamner, Joshua		Cedar Valley HS	14.95	5
38 Schauerhamer, Cy		Cedar Valley HS	14.99	3
39 Woods, Bryce		Cedar Valley HS	15.10	3
40 Webb, Barrett		Cedar Valley HS	15.70	8

**2023 Crimson & White Intrasquad Meet - 3/15/2023**  
**Cedar Valley High School**  
**Results**

**Event 2 Boys 100 Meter Dash**

Name	Year School	Finals
Finals		
1 Gregory, Chevas	Cedar Valley HS	11.19
2 Jordan, Jayden	Cedar Valley HS	11.34
3 Norton, Gavin	Cedar Valley HS	11.43
4 Killian, Gavin	Cedar Valley HS	11.49
5 Jakins, Brayden	Cedar Valley HS	11.60
6 Baker, Kekai	Cedar Valley HS	11.85
7 Escalante, Diego	Cedar Valley HS	12.06
8 Christensen, Cole	Cedar Valley HS	12.12

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 3 Girls 1600 Meter Run**

Name	Year	School	Finals
1 O'Neal, Lily		Cedar Valley HS	5:52.90
2 Kenworthy, Ciceily		Cedar Valley HS	6:35.18
3 Haughton, Lauren		Cedar Valley HS	6:39.24
4 Buttermore, Andrea		Cedar Valley HS	6:50.40
5 Churchill, Alessandra		Cedar Valley HS	7:24.69
6 Straw, Maleah		Cedar Valley HS	7:48.08
7 Evans, Eliza		Cedar Valley HS	7:48.17

**2023 Crimson & White Intrasquad Meet - 3/15/2023**  
**Cedar Valley High School**  
**Results**

**Event 4 Boys 1600 Meter Run**

Name	Year	School	Finals
1 Rooney, Samuel		Cedar Valley HS	5:15.32
2 Shannon, Daniel		Cedar Valley HS	5:18.08
3 Shannon, Cade		Cedar Valley HS	5:21.93
4 Sorenson, Austin		Cedar Valley HS	5:27.40
5 Sampson, Gideon		Cedar Valley HS	5:33.75
6 Isbell, Nathan		Cedar Valley HS	5:35.43
7 Taysom, Landen		Cedar Valley HS	5:46.17
8 Garside, Tayden		Cedar Valley HS	5:53.10
9 Glad, Gavin		Cedar Valley HS	5:54.51
10 Sampson, Tage		Cedar Valley HS	6:04.00
11 Mitchell, Adam		Cedar Valley HS	6:21.23
12 Rawlings, Christopher		Cedar Valley HS	6:35.22

**2023 Crimson & White Intrasquad Meet - 3/15/2023**  
**Cedar Valley High School**  
**Results**

**Event 5 Girls 400 Meter Dash**

Name	Year School	Prelims	H#
Preliminaries			
1 McArthur, Brinlee	Cedar Valley HS	1:14.16q	1
2 Taylor, Anna	Cedar Valley HS	1:18.40q	2
3 Clements, Esther	Cedar Valley HS	1:18.87q	2
4 Larson, Ellie	Cedar Valley HS	1:20.52q	3
5 Helmandollar, Alissa	Cedar Valley HS	1:25.00q	3
6 Straw, Maleah	Cedar Valley HS	1:26.75q	3
7 Muhlestein, Taylor	Cedar Valley HS	1:26.80q	3
8 Blair, Lindy	Cedar Valley HS	1:28.38q	2
9 Jones, Suzanne	Cedar Valley HS	1:30.79	1
10 Elmer, Annie	Cedar Valley HS	1:31.66	3

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 6 Boys 400 Meter Dash**

Name	Year	School	Prelims	H#
1 Gregory, Chevas		Cedar Valley HS	56.76q	3
2 Escalante, Diego		Cedar Valley HS	56.79q	5
3 Norton, Gavin		Cedar Valley HS	57.47q	1
4 Juber, Braxton		Cedar Valley HS	59.29q	5
5 Bybee, Landon		Cedar Valley HS	1:02.29q	2
6 Ballard, Luke		Cedar Valley HS	1:02.64q	3
7 Cline, Jarom		Cedar Valley HS	1:03.26q	1
8 Bateman, Josh		Cedar Valley HS	1:04.01q	1
9 Cram, Treyson		Cedar Valley HS	1:04.92	4
10 Christensen, Cole		Cedar Valley HS	1:04.94	3
11 Brady, Felipe		Cedar Valley HS	1:05.35	1
12 Kendall, Foster		Cedar Valley HS	1:05.62	1
13 Paluso, Tony		Cedar Valley HS	1:05.68	3
14 Williams, James		Cedar Valley HS	1:05.88	3
15 Christensen, Chase		Cedar Valley HS	1:06.01	5
16 Krinke, Ty		Cedar Valley HS	1:06.12	5
17 Monson, Jaxin		Cedar Valley HS	1:06.61	4
18 Webb, Clayton		Cedar Valley HS	1:06.84	4
19 Hamner, Luke		Cedar Valley HS	1:07.82	5
20 Garside, Tayden		Cedar Valley HS	1:08.63	5
21 McClellan, Jace		Cedar Valley HS	1:09.80	2
22 Jordan, Jayden		Cedar Valley HS	1:10.70	4
23 Alabi-Isama, Amari		Cedar Valley HS	1:10.93	2
24 Schauerhamer, Cy		Cedar Valley HS	1:15.42	2
25 Woods, Bryce		Cedar Valley HS	1:20.92	4



**2023 Crimson & White Intrasquad Meet - 3/15/2023**  
**Cedar Valley High School**  
**Results**

**Event 7 Girls High Jump**

Name	Year School	Finals
Finals		
1 Sillito, Emery	Cedar Valley HS	4-06.00
2 Reyes, Isabella	Cedar Valley HS	4-04.00
3 Emfield, Elise	Cedar Valley HS	4-02.00
3 Larson, Ellie	Cedar Valley HS	4-02.00
5 Porter, Makenzie	Cedar Valley HS	4-00.00
5 Passey, Cerenna	Cedar Valley HS	4-00.00
5 Pengra, Gabrielle	Cedar Valley HS	4-00.00
8 Scattolon, Aurora	Cedar Valley HS	3-08.00

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 8 Boys High Jump**

Name	Year	School	Finals
1 Christensen, Ove		Cedar Valley HS	5-04.00
2 Davis, Briggs		Cedar Valley HS	5-00.00
2 Hall, Jacob		Cedar Valley HS	5-00.00
4 Evans, Mitchell		Cedar Valley HS	4-10.00
5 Ahotaeiloa, Jonah		Cedar Valley HS	4-08.00
5 Jakins, Brayden		Cedar Valley HS	4-08.00
5 Dongaard, Talon		Cedar Valley HS	4-08.00
5 Alcorn, David		Cedar Valley HS	4-08.00

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 9 Girls Long Jump**

Name	Year	School	Finals
1 Holyoak, Taylee		Cedar Valley HS	13-04.00
2 Reyes, Isabella		Cedar Valley HS	13-02.50
3 Valentine, London		Cedar Valley HS	11-09.50
4 Sillito, Emery		Cedar Valley HS	11-09.00
5 Sagastume, Isabella		Cedar Valley HS	11-02.00
6 Clements, Esther		Cedar Valley HS	11-00.00
7 Smith, Rowan		Cedar Valley HS	10-08.00
8 Larson, Ellie		Cedar Valley HS	10-07.50
9 Stott, Arisna		Cedar Valley HS	10-06.50
10 Burbank, Emiko		Cedar Valley HS	10-02.50
-- Estes, Jady		Cedar Valley HS	FOUL
-- Jones, Suzanne		Cedar Valley HS	FOUL
-- Palmer, Aubrey		Cedar Valley HS	FOUL
-- Johnson, Saidey		Cedar Valley HS	FOUL

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 10 Boys Long Jump**

Name	Year	School	Finals
1 Ballard, Luke		Cedar Valley HS	17-02.50
2 Cline, Jarom		Cedar Valley HS	16-04.00
3 Seely, Bucky		Cedar Valley HS	16-00.00
4 Bybee, Landon		Cedar Valley HS	15-11.00
5 Davis, Briggs		Cedar Valley HS	15-09.00
6 Sellick, Nate		Cedar Valley HS	15-01.00
7 Evans, Mitchell		Cedar Valley HS	14-06.50
8 Webb, Barrett		Cedar Valley HS	12-10.50
-- Jakins, Brayden		Cedar Valley HS	FOUL

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 11 Girls Discus Throw**

Name	Year	School	Finals
1 Lauber, Rae		Cedar Valley HS	72-04
1 Swensen, Audrey		Cedar Valley HS	72-04
3 Langi, Kelsy		Cedar Valley HS	71-09
4 Rice, Elizabeth		Cedar Valley HS	63-11
5 Linde, Brinley		Cedar Valley HS	51-03
6 Falepapalangi, Finau		Cedar Valley HS	42-07
7 Hassell, Samantha		Cedar Valley HS	41-05
8 Falepapalangi, Maleihna		Cedar Valley HS	35-00

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 12 Boys Discus Throw**

Name	Year	School	Finals
1 Smith, Kolten		Cedar Valley HS	92-10
2 El Halta, Zackary		Cedar Valley HS	87-09.50
3 Fetuao, Alama		Cedar Valley HS	82-02.50
4 Fisher, Kj		Cedar Valley HS	77-03
5 Harvey, Kortland		Cedar Valley HS	76-06
6 Simmons, Nick		Cedar Valley HS	63-06.50
7 Baugh, Hunter		Cedar Valley HS	58-09
8 Swenson, Adrian		Cedar Valley HS	56-00
9 Horsely, Kody		Cedar Valley HS	55-04
10 Thorup, Daniel		Cedar Valley HS	54-00
11 Godfrey, Brock		Cedar Valley HS	48-06
12 Muhlestein, Benson		Cedar Valley HS	47-05
13 Becar, Cannon		Cedar Valley HS	46-05.50
14 Linde, Manning		Cedar Valley HS	39-11.50

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 15 Girls Shot Put**

Name	Year	School	Finals
1 Swensen, Audrey		Cedar Valley HS	28-00.00
2 Langi, Kelsy		Cedar Valley HS	27-08.00
3 Lauber, Rae		Cedar Valley HS	26-10.00
4 Wolfgramm, Elina		Cedar Valley HS	26-01.00
5 Rice, Elizabeth		Cedar Valley HS	25-01.00
6 Linde, Brinley		Cedar Valley HS	24-06.00
7 Falepapalangi, Finau		Cedar Valley HS	18-07.00
8 Falepapalangi, Maleihna		Cedar Valley HS	17-11.00
8 Quinones, Ash		Cedar Valley HS	17-11.00
10 Goman, Stephanie		Cedar Valley HS	17-05.00

**2023 Crimson & White Intrasquad Meet - 3/15/2023****Cedar Valley High School****Results****Event 16 Boys Shot Put**

Name	Year	School	Finals
1 Vogl, Bryan		Cedar Valley HS	39-08.00
2 Fisher, Kj		Cedar Valley HS	38-01.00
3 Langi, Aisea		Cedar Valley HS	36-05.50
4 Fetuao, Alama		Cedar Valley HS	36-00.00
5 Smith, Kolten		Cedar Valley HS	35-09.50
6 Linford, Dillon		Cedar Valley HS	35-07.50
7 Marquez, Carlos		Cedar Valley HS	32-07.50
8 Harvey, Kortland		Cedar Valley HS	30-08.00
9 Thorup, Daniel		Cedar Valley HS	30-02.00
10 Seely, Bucky		Cedar Valley HS	28-10.50
11 Simmons, Nick		Cedar Valley HS	28-03.50
12 El Halta, Zackary		Cedar Valley HS	27-06.50
13 Dunn, Dalton		Cedar Valley HS	26-08.50
14 Baugh, Hunter		Cedar Valley HS	26-01.50
15 Godfrey, Brock		Cedar Valley HS	24-02.50
16 Becar, Cannon		Cedar Valley HS	22-10.00
17 Muhlestein, Benson		Cedar Valley HS	19-09.00
18 Swenson, Adrian		Cedar Valley HS	19-08.50
19 Linde, Manning		Cedar Valley HS	18-05.00